

28.03.2013 Women's PL Raw WPC - ISRAEL POWERLIFTING & BENCH PRESS CHAMPIONSHIP 2013

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Bench 1	Bench 2	Bench 3	Deadlif t 1	Deadlif t 2	Deadlif t 3	PL Total	Coeff Score	Age & Coeff	Place code	PI-Div-WtCl	Team Pts	Team	Events
Pomerantzev Irena	43	FM1	45.2	48	1.2335	70	75	-80	47.5	52.5	55	80	90	95	225.0	277.54	286.14	3.00	1-FM1	7.00		PL
Tamar Markelson	30	FO	67.2	67.5	0.9028	75	-80	-80	40	45	-47.5	100	-107.5	-110	220.0	198.62		2.00	7-FO	7.00		PL
Yarden Shavit	24	FO	59.4	60	0.9956	65	75	-80	40	47.5	52.5	90	105	112.5	240.0	238.94		2.00	6-FO	7.00		PL
Sasya Asraf	24	FO	50.2	52	1.1388	70	75	-80	37.5	40	45	100	107.5	-112.5	227.5	259.08		2.00	3-FO	7.00		PL
Besonova Alexandra	28	FO	57.5	60	1.0220	70	75	-80	45	-47.5	-47.5	100	-110	115	235.0	240.17		2.00	5-FO	7.00		PL
Renata Natan	35	FO	48	48	1.1790	90	95	100	40	-42.5	-42.5	100	110	120	260.0	306.54		2.00	2-FO	7.00		PL
Shiri Berter	26	FO	63.2	67.5	0.9475	80	85	90	55	60	-65	110	-120	120	270.0	255.81		2.00	4-FO	7.00		PL
Leisan Rafikova	27	FO	75	75	0.8361	105	115	125	90	95	-100	130	140	155	375.0	313.54		2.00	1-FO	7.00		PL

Chief Referee

Side Referee

Side Referee
