



(Raw / EQ)



OPEN CHAMPIONSHIP ISRAEL

Ashdod, 17-18 November 2017




17.11. Powerlifting
18.11. Bench Press
18.11. Deadlift



M.A.KOGAN LTD
Professional Works



Basic Information

City	Ashdod
Venue	Matnas "Dune" Kakal St 90, Ashdod, Israel 
Organizer	GPC Israel
Contact	Valery Tomilov: valery365@rambler.ru FB - https://www.facebook.com/groups/444263622309197/ https://www.facebook.com/valery.tomilov Rudikov Sergey https://www.facebook.com/profile.php?id=100005753342763
Date – 17-18 November 2017	17.11 – Powerlifting RAW/EQ 18.11 – BenchPress and Deadlift RAW/EQ
Weighing	16.11 – for Powerlifting 17.11 – for BenchPress and Deadlift (Additional information will be published after the closing of pre-registration)
Registration for participation	http://www.powerliftingisrael.com/applications-for-participation-in-the-competition/ until 07.11.17 Each participant of the championship is obliged to fill an entry form and send it to e-mail valery365@rambler.ru or olga-0318@hotmail.com only after agreement with the president GPC federation of the country, which he represents

Entry fees - Cash payment on weighing	<p><u>POWERLIFTING:</u> Teen (13-19) – 200 ₪ (NIS)</p> <p>Junior, Open, Master – 300 ₪ (NIS)</p> <p><u>BENCHPRESS or DEADLIFT:</u> Teen (13-19) – 150 ₪ (NIS)</p> <p>Junior, Open, Master – 250 ₪ (NIS)</p> <p><u>ADDITIONAL EVENT:</u> Teen (13-19) – 50 ₪ (NIS)</p> <p>Junior, Open, Master – 100 ₪ (NIS)</p>
Categories	<p>All GPC Weight & Age Categories – Male & Female RAW and EQUIPPED</p> <ul style="list-style-type: none"> - Powerlifting - Benchpress - Deadlift

Hotel	
Hotel „Miami“	
Website	http://www.miamihotel.co.il/english/
Prices for 1 night	<p>Single room – 385 ₪ Double room – 400 ₪ Triple room – 480 ₪ 4 persons – 550 ₪ 5 persons – 650 ₪</p> <p>The price includes a light breakfast Full breakfast - additional 40 ₪</p>
Address	Max Nordau St 24, Ashdod
e-mail for booking	office@miamihotel.co.il
Phone	+97288522085

Airport
<p>Ben Gurion (Tel-Aviv) to Ashdod – 50 km Transfer will be provided for a fee (one way):</p> <ul style="list-style-type: none"> - Car 1-4 passengers - 250₪ - Minibus 5-8 – 400 ₪

Transfer: Tel-Aviv (Ben Gurion Airport) – Ashdod – Tel-Aviv (Ben Gurion Airport)	
Information & Booking	<p>Mihael Chijov Tel. +972547715585 mmm79@bk.ru</p>